

UFO ABDUCTIONS

By Duncan Roads

A 3 month survey of over 6,000 American people contained 5 randomly placed, innocent looking questions pertaining to symptoms common to UFO abduction experiences. The word UFO was not used in the survey.

This survey revealed that a conservative figure of 2% of the American population have symptoms of at least one UFO abduction experience.

2% of the American population is equivalent to about 5 million people!

**Budd Hopkins, author of "Intruders" was guest speaker at the recent UFO Expo, held in October in both Sydney and Brisbane.
Video and audio tape copies of the lecture are now available - see page 45 for more details.**

Nexus Magazine had a small stall at each of the UFO Expos, in both Sydney and Brisbane, so I was able to hear Budd Hopkins speak at both events.

The Sydney Expo drew about 1300 people over the two days, just enough to keep the lecture hall at the Hyatt in Sydney full up, and just enough to keep the organisers happy with door takings.

I wondered how many people in the room had had their own encounters with strange creatures or UFOs, and when this predictable question was raised by the organiser, I was not surprised to see at least 90% of the people there had their hand up for those who themselves seen, or knew a family member/close personal friend who had seen a UFO or an alien.

Budd Hopkins is an excellent speaker. He makes a refreshing change from the usual American so-called UFO researchers, most of whom have a self-confessed military or government background.

The thing I and a lot of other people enjoyed about Budd's presentations, was that he rarely, if ever, drew conclusions. He did not conclude who the abductees were, why they are abducting people, or where they are from. Most refreshing, especially for an American.

A three month poll conducted by the Roper Organisation in America, of about 6,000 people across the country, had 5 little questions buried in amongst questions like, "what did you have for breakfast?, do you like Dan Quayle?" etc.

Question 1 related to the phenomenon of missing time experiences. 13% responded that they had at least one unexplained missing time experience of one hour or more.

Question 2 asked if the person had ever woken up at night sensing another presence in the room, and/or had the sensation of being paralysed in the whole body upon waking up.

18% responded that they had experienced this feeling.

Question 3 asked if the person had any memory or experience of flying through the air - physically (so as to distinguish from dream/out of body experiences). 10% of the people polled responded that they had had this experience.

Question 4 asked whether the person had any strange or unusual scars or wounds which had mysteriously appeared on their body.

Question 5 asked if the person had woken up at night and found strange lights moving around their bedroom.

8% of people responded positively to Question 4, or 5.

The researchers then tallied those who had positively answered 4 out of the 5 questions, concluding that 2% of the

American population had more than likely undergone an abduction experience - that adds up to about 5 million Americans.

What's more, according to Budd, there is no reason why this figure should not apply to other countries - Australia included!

Missing Time Experiences

Many of us can probably remember a day or so, when 'time got away from us', but some of the examples given by Mr Hopkins are quite different.

* Consider the young couple driving back on the highway from New Jersey, where they had just spent a wonderful weekend. One moment it was a bright sunny, Sunday afternoon - the next instant it was pitch dark, and they found themselves in the middle of some field, still in their car, with no lights or engine on. It took some time for them to drive across this field, find a little dirt track leading to a small road, which eventually took them back onto the highway. They had lost nearly six hours. Needless to say this was a very upsetting experience for them.

* One man, who it turns out had several abduction experiences, worked in a bakery for a large supermarket on Cape Cod, Massachusetts. It was late at night, and he and a friend had just had a coffee break. They returned from their break at about 2.15am, and began to remove the bread from the refrigerator (where the cool temperature stops the bread from swelling). The next thing they remember was that it was 4.00 am, and 250 loaves of bread had swollen and spoiled.

* An ex-policeman in England, driving along at 3am, on a quiet road in a district he knows well. The next thing he knows, he was stunned, in pain and the car was upside down, lying in a nearby field, directly opposite the road he had been driving along some hours earlier. No-one knows

how the car got into the field, let alone how it ended up on its back, with its roof crushed in.

Other Symptoms:

The lack of memory of these somewhat traumatic experiences often serves to create mini-phobias. These sometimes manifest in the form of an unusual dread of a place, a stretch of road, a room etc. In some cases they manifest as a fear of various animals.

One woman, for example, had an incredible fear of rats. When asked how she pictured rats, she replied "on my shoulder" - clearly an unusual answer. It was suggested that a rat on her shoulder would probably cause fear because of its sharp teeth, but the woman replied that it was the big black eyes that caused her the unexplainable dread.

Another example given, was of a man who had an unnatural dread of sharks. Budd suggested that this is not surprising, after all sharks are very fierce, and have a huge gaping mouth with rows of big teeth. This man replied, "no, it is the greyish colour of the skin, and those eyes ...". It turns out that the man had not been in the ocean since the age of five years old, which was the time he had disappeared from the beach for some time, and had kept his parents looking for him.

It was pointed out that when we experience something we don't or can't comprehend - our inbuilt system of denial will often 'kick in' to deal with it.

For example, one case Budd was dealing with, was with a woman, whose little boy had vividly described little people with big eyes in his room, had described being taken away, he had strange marks and scars on his body etc.

Budd asked the mother if anything unusual had ever happened to her. "Oh no", she replied, "except that was this one time, when late at night I woke up to find myself laying horizontal to the floor, about five feet in the air, and falling. I was over near the corner of the room, and fell onto a chair, which was quite painful."

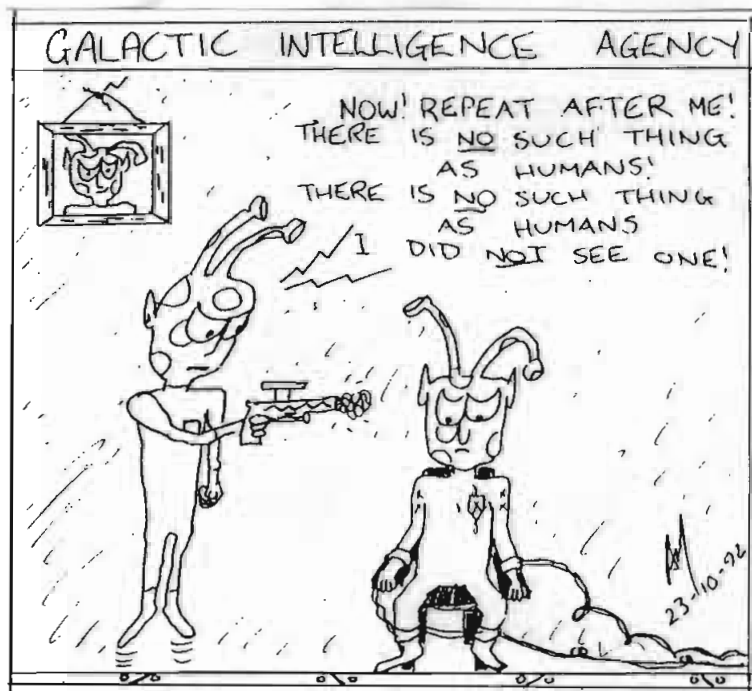
Budd asked her if she had any explanation for this event. She answered that although she had never been known to sleep walk, she must have been walking in her sleep, gotten up onto the bed, made a tremendous jump, catching her feet in the blankets which made her feet go up in the air, and causing her to fly across the room for 6 or 7 feet onto the chair. That's some sleepwalker!

Phantom Pregnancies

This was particularly interesting, as I have spoken to several women who have had very pronounced 'phantom pregnancies'.

A 'phantom pregnancy' as I understand the term, occurs when a woman finds herself displaying all the signs of being pregnant, but some time later finds herself not pregnant. This does not relate to miscarriages which are entirely different.

One case Budd has been dealing with involved a woman who had not been with anyone for over six months, yet found herself to be two months pregnant. This was confirmed by blood and urine tests. She booked herself in for an abortion, but a couple of nights prior to the operation, she woke up and found herself unable to move her body.



She saw little figures in her room, touching her body, touching her forehead, and then she felt something inserted into her vagina. She felt pain and very frightened, and then fell into a deep sleep.

In the morning she awoke, feeling slight pains, and cramps. She went to her doctor who told her that she was no longer pregnant. There was no blood on her sheets and no miscarriage. When she went into her operation, all they found was half a placenta.

Sudden Appearance of Scars, Birthmarks, Wounds etc.

Many abductees have unusual, bloodless scars, like scoop marks or straight line cuts on their legs, arms and backs. A number of slides were shown of the marks on various subjects. It is speculated that they are the result of some sort of biopsy.

Waking up in different or fewer clothes or in a completely different position than the individual went to bed in, has also been reported along with the abduction experience. One woman awoke naked to find underpants nearby that weren't hers! What's more, they didn't fit.

Many people under hypnosis recall something being put inside them, either in the nose, ear or mouth. Several of these implants have shown up under x-rays and photographed. We were shown one such photograph at the Expo.

To most people, the abduction experience, if consciously remembered, is a very traumatic one. Many people, unable to cope, have ended up in mental hospitals, and several people have suicided.

Memory Loss & Hypnotic Regression

Most abduction experiences are blocked by conscious recollection. Memories buried in the sub-conscious of the abductee can often bubble up and emerge into the conscious mind.

I know a woman who when travelling with a female companion, experienced a missing time period of several hours. At the time it was confusing but they soon forgot about it. Several years later, these two friends were living on opposite ends of the planet, one in Canada, one in Australia.

All of a sudden, the memory of the experience came back to my friend, along with the memory of what happened dur-

ing the experience to them both. She rushed to the phone to ring her friend in Canada, only to find that her friend's phone was engaged. You guessed it, the same memory had come back to her also, and she was trying to ring her friend in Australia, hence her phone was engaged.

The experiences recalled under hypnosis match many experiences recalled consciously by people who did not have a memory block of such an experience. The most common memories are of either being examined in bed, or taken into a spacecraft, and examined by beings known throughout UFO folklore as the Greys. Little beings, 4 to 5 feet tall, big heads, very thin necks, very big black eyes, hairless, often no nose, and only a tiny slit for a mouth. The hands usually have only 4 fingers, and their bodies are always described as frail.

The Government

One night, during late November 1989, at about 3am near the Brooklyn Bridge in the middle of New York, a huge UFO hovered near a 12th storey apartment block window, and abducted a lady by teleporting her through the window (which was closed at the time, and did not break), hovering her in mid-air and levitating her up into the UFO. It then took off and plunged into the river and was not seen again.

The unusual part of this story, is that this UFO chose not to remain invisible, it was seen by a lot of people, and several of those people, including the woman who was abducted, have contacted Budd Hopkins to discuss it.

The "field" surrounding the UFO cut the engines out in every car on the Brooklyn Bridge, and nearly everyone there saw this abduction occur. What is even more startling, is the fact that a certain (un-named) but very powerful, well known political figure, together with his two secret service agents were in the street just a block or so away from the UFO when this occurred. They saw everything according to Budd, who hopes that this person will one day come forward and reveal what he knows of the whole affair.

The talks by Budd Hopkins were fascinating. Unfortunately we have only barely touched on some of the subject material presented at the Expo in this article, so I recommend obtaining copies of the tapes if you would like to know more. (See the advertisements below). ❀

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